



Asian Heritage
Treks & Expeditions
Int'l Tours & Travels

Enjoy the Himalaya, explore the culture

Newsletter

October **E**dition

Namaste!

The month of October is upon us and with that, we have prepared newsletter with our latest news updates and offers that will entice you to visit Nepal. This edition includes the good wishes from Asian Heritage to our valued friends for Nepal's national festival, Dashain. We also offer you the dream destinations in Annapurna region which you won't forget for the lifetime.

Our Latest Updates

Asian Heritage Team would like to wish all of our well-wishers a happy Dashain. Nepal's national festival, Dashain, is starting from 10th of October and will continue for 15 days till the full moon. Dashain honors a great conquest of the gods over the evil demons. The symbol of power, Goddess Durga is worshiped during this festival. If you are thinking of partaking on the festival, Asian Heritage would love to welcome you during this festive season. You will get to enjoy the streets of Kathmandu and see cheerfulness in the eyes of locals under the background of stunning natural and cultural exquisiteness.

As the month of Autumn starts, the arrival of tourist increases and hence the tourism season starts in Nepal. With that in mind, we have trained our team professionally to provide the best services to our clients. Starting from English speaking and professional drivers to the well trained and government licensed trekking and tour guide, we are here to give you the best service. We're here to provide you the wide range of services including the international and domestic air ticketing, comfortable domestic land transportation, a wide range of destinations to choose from and special activities such as Everest Heli tour, Mountain flight, bungee jumping, rafting etc.



4 Gosainkunda Lake
Langtang
Altitude: 4380m

8-Beautiful lakes of Nepal

Nepal is a beautiful country with many beautiful lakes. Among 5,000 lakes, we have chosen the 8 beautiful ones. Here is the video from Asian Heritage family which lists the 8 of most beautiful lakes in Nepal.

Trekking in Annapurna Region

The **legendary Annapurna Region** is one of the most diverse and popular trekking area in Nepal. Annapurna region is considered as **heaven** for the trekkers as it offers many destinations ranging from **4-days** to **month-long** and is rich in natural beauty, flora and fauna. Annapurna region combines and offers some of Nepal's most iconic mountains, including the **Machhapuchhre** (Fish Tail) and **Annapurna massif** itself, with accommodation infrastructures along the trails. The massive **Annapurna I** mountain which sits at the **10th place among the highest mountains in the world** is located in this region. **Annapurna Base Camp, Annapurna Circuit, Ghorepani-Poonhill** and **Mardi Himal** are some of the many destinations in this region which are famous whereas the **Annapurna Base Camp** is regarded as one of the **top trekking destinations in the world**. While some people prefer the more famous destination, this region also offers the **isolated destinations** with fewer trekkers where one can enjoy and explore the nature. If you prefer the isolated trails, then there are some excellent low-profile treks, including **Khopra Ridge, Khayer Lake & Sikless village** trek, which are very easy and offers a spectacular view. During the trekking, one can also enjoy the charming **cultural highlights** of different ethnic groups i.e. **Gurung and Magar**.



Annapurna Base Camp
-11 Days
\$499



Ghorepani-Poonhill
-5 Days
\$199



Annapurna Circuit
-17 Days
\$999

Annapurna Base Camp trek is a worldly renowned trek and is one of the most visited destinations in Nepal. This trail takes you very close to the massive Annapurna I (8091 m). Annapurna Base camp is also called Annapurna Sanctuary because of its oval-shaped plateau which is surrounded by a ring of mountains. **Poonhill** is one of the famous viewpoint located inside the Annapurna region and is famous for its sunrise view set against the backdrop of Annapurna and Dhaulagiri ranges. The trail is easy grade trek and gives you insight on the nature with spectacular mountain scenery along with the experience of Gurungs' culture of the region. **Annapurna Circuit** takes you around the entire Annapurna massif along the deepest Kali Gandaki gorge with Annapurna I rising to 8091 m to the east and Dhaulagiri hovering at 8167 m to the west. The trail leads you to the north of the main Himalayan range to the dry Tibetan like Trans-Himalaya through one of the highest passes in the world, Thorang La Pass (5416 m).



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