



Asian Heritage
Treks & Travels

Asian Heritage Treks & Expeditions (P.) Ltd.

Sustainable Transportation Policy 2025-2027



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At Asian Heritage, we are committed to using safe, comfortable, and environmentally friendly transportation for our trips and daily work in Nepal. We believe that responsible transportation helps protect our environment, supports local communities, and gives our guests a better travel experience.

Purpose

This policy guides how we, our drivers, and our transport partners should manage transportation in a safe, responsible, and sustainable way that is possible and practical in Nepal.

Scope

This policy applies to all transportation activities managed by Asian Heritage. It covers the use of company-owned vehicles, hired vehicles from local transport companies, and public transportation used during our tours and daily operations. The policy also guides our partnerships with transport providers to ensure that all transport services follow safe, responsible, and environmentally friendly practices.

Our Transportation Commitments

Using Environmentally Friendly Transport

- We prioritize group transport or shared vehicles whenever possible to minimize the number of trips.
- When private transport is required, we use well-maintained vehicles with valid green stickers provided by the Department of Transport Management.
- We encourage our transport partners to use fuel-efficient and well-serviced vehicles.

Keeping Vehicles Safe and Comfortable

- All vehicles are regularly checked and properly maintained.
- Every vehicle must have a first aid kit and a waste bin to keep the environment clean.
- We always use the right size of vehicle according to the group size to save fuel.



Responsible Driving Practices

- Our drivers are trained to drive safely and smoothly.
- Drivers follow traffic rules, avoid speeding, and always wear seat belts.
- Mobile phone use while driving is strictly not allowed.
- Drivers must take proper rest to avoid tired driving.

Reducing Fuel Use and Pollution

- Drivers should switch off the engine when waiting for more than 2 minutes.
- Air conditioning should be used only when needed.
- Tires should be properly inflated to save fuel.
- We avoid unnecessary vehicle trips by planning efficient routes.

Limiting Environmental Impact

- We use e-brochures instead of printed ones to reduce paper waste.
- We work with Doko Recyclers to manage plastic waste responsibly and recycle it into handmade office products.
- We also make some handmade products in our office using recycled materials.

Code of Conduct for Drivers

All drivers working for Asian Heritage must:

- Always check the vehicle condition before every trip and ensure it is safe to operate.
- Follow all speed limits and drive carefully, especially in local communities and school areas.
- Use the horn only when necessary and avoid loud music during the trip.
- Drive safely and respectfully around people, animals, and cyclists.
- Keep the vehicle clean, smoke-free, and comfortable for guests at all times.
- Ensure the vehicle always contains a water bottle, tissue, waste bin, first aid kit, and basic maintenance tools.
- Lock the vehicle properly when unattended and take care of guest belongings.
- Be polite, helpful, and respectful to all guests throughout the journey.

In addition, drivers are responsible for the following key practices:



- Always carry an emergency contact list that includes company emergency numbers and nearby hospitals.
- Maintain a fuel log book to record fuel usage and support fuel-saving driving habits.
- Brief guests before starting the trip about safety measures, available emergency tools, and how to properly dispose of waste.
- Prioritize using local transport companies and local garages for vehicle maintenance to support the local economy.
- Minimize noise pollution by reducing unnecessary honking and avoiding loud noises, especially in peaceful areas like villages and monasteries.
- Prepare the vehicle seasonally: carry additional safety items such as tow ropes and rain covers during monsoon season, and emergency blankets and proper tires in winter.
- Actively encourage the use of reusable water bottles and help guests find refill stations to avoid single-use plastics.

Safety Checklist

Daily Check (Before Every Trip)

- Tires, brakes, lights, mirrors, and doors
- Seat belts and cleanliness inside the vehicle
- Water bottle, tissue, waste bin, first aid kit, and maintenance tools must be available

Weekly Check

- Full mechanical service (brakes, oil, engine, tire pressure, air conditioning)

Review and Updates

- This policy will be reviewed every two years to make sure it is still practical and effective.
- If important changes are needed, we will update it earlier.

Bus/Coach Safety Checklist

- Brake function
- Tire condition and pressure



- Lights (headlights, brake lights, indicators)
- Mirrors and visibility
- Seat belts and seating condition
- Emergency exits and proper signage
- First aid kit availability
- Fire extinguisher availability
- Cleanliness of the vehicle
- Fuel level and leakage check
- Suspension and steering check
- Horn and wipers working properly
- Air conditioning and heating
- Safety equipment (such as waste bin, tissue, water bottle)

At Asian Heritage, we believe that sustainable transportation is a shared responsibility. By following this policy, we can help protect the environment, improve guest experience, and contribute to safer, cleaner, and more responsible travel in Nepal. We encourage our team, partners, and guests to work together to make this commitment successful and long-lasting.